



**AAHPM Extends a Special Welcome to Medical Students  
to attend the 2010 AAHPM-HPNA Annual Assembly**

## **Understanding Hospice and Palliative Medicine: A Medical Student's Forum**

**Saturday, March 6, 2010, 7:15 am to 4:00 pm  
John B. Hynes Veterans Convention Center, Boston, Massachusetts**

The Forum will provide medical students with an in-depth look at the specialty of hospice and palliative medicine. You will have the opportunity to participate in key sessions of the Annual Assembly, as well as sessions specifically designed for those with an interest in learning more about hospice and palliative medicine – either as a career path or to build their knowledge and understanding of the specialty.

Presenters will include internationally renowned pioneers of the field, medical educators and those new to the field. Hear about the variety of practice options available to hospice and palliative medicine physicians and discover the types of cases and interventions typical within the practice of hospice and palliative medicine.

After participating in this session, you will be able to:

- Differentiate hospice and palliative medicine from other medical specialties
- Describe typical practice settings and common conditions treated by hospice and palliative medicine physicians
- Understand a “day-in-the-life” of hospice and palliative medicine physicians in different practice settings
- Outline residency, education, and lifestyle considerations
- Evaluate whether hospice and palliative medicine might be a good personal and professional fit.

### **AGENDA**

**7:15 am      Breakfast and Networking with AAHPM Members**

**8:30 am      State of the Science Plenary Session**

- *Wendy Gabrielle Anderson, MD MS, University of California, San Francisco*
- *Nathan E. Goldstein, MD, Assistant Professor, Geriatrics Mount Sinai School of Medicine*

- 10:00 am**      **Welcome and Overview of Hospice and Palliative Medicine**  
Learn the history of the specialty and an overview of it.
- *Rodney Tucker, MD MMM, Medical Director & former Fellowship Director, University of Alabama at Birmingham Center for Palliative Care*
  - *Martha L. Twaddle, MD FAAHPM FACP, Chief Medical Officer, Midwest Palliative & Hospice Care Center*
- 10:20 am**      **Fellowship Directors Panel**
- *Vicki A. Jackson, MD MPH, Fellowship Director, Massachusetts General Hospital Palliative Care Services*
  - *Rodney Tucker, MD MMM, Medical Director & former Fellowship Director, University of Alabama at Birmingham Center for Palliative Care*
- 10:40 am**      **Fellows Perspective on Hospice and Palliative Medicine**  
Learn why these fellows chose the specialty and the current training program requirements.
- *James L. Baker, MD MPH, Medical Director, New England Life & Hospice*
  - *Alexandra Leigh, MD, University of Alabama at Birmingham Center for Palliative Care*
  - *Jessica Merlin, MD MBA, Infectious Diseases, Hospital of the University of Pennsylvania*
- 11:00 am**      **Case Vignettes in Hospice and Palliative Medicine**  
Covering pediatrics, chronic illness, surgical/trauma and cancer.  
*Speakers to be determined*
- 12 pm**      **Ask the Experts**  
Hear from the experts in the field – their focus today and some of the most interesting things about their practice.
- *Perry G. Fine, MD, Professor of Anesthesiology, University of Utah*
  - *Charles F. Von Gunten, MD PhD FAAHPM FACP, Provost & VP Center for Palliative Studies, San Diego Hospice & Palliative Care*
- 12:30 pm**      **Lunch on your own**
- 1:15 pm**      **Concurrent sessions**
- 2:30 pm**      **Closing plenary session**
- *End-of-Life Care as an Illusion, Wish Fulfillment, But Whose Wishes and Why: Holly G. Prigerson, PhD, Dana-Farber Cancer Institute*
  - *Palliative Strategies for Breathlessness at the End of Life: Jeannine M. Brant, PhD AOCN APRN, Billings Clinic Cancer Center*
- 4:00 pm**      **Adjourn**

## **Information on the Specialty of Hospice and Palliative Medicine**

Committed to the prevention and relief of suffering during serious or life-threatening illness, hospice and palliative medicine physicians have proven skills and experience in enhancing their patients' quality of life while treating their symptoms. Working together with their team of healthcare professionals, the hospice and palliative medicine physician provides:

- Expert relief of pain
- Treatment for a broad spectrum of other symptoms, such as fatigue, breathlessness, nausea, and anxiety
- Attention to emotional and spiritual needs
- Help setting goals for care
- Guidance making complex treatment choices
- Coordination with other healthcare providers, including the primary physician and specialists such as oncologists, surgeons, and cardiologists
- Hospice services to improve quality of life at home or in the nursing home, hospital, or hospice facility
- Continued support for family members during the period of bereavement

To learn more about palliative medicine and its broader role in helping patients with all types of serious illness, visit [www.PalliativeDoctors.org](http://www.PalliativeDoctors.org).

Registration Fee: \$25, which includes a one year membership in AAHPM and electronic access to all Academy publications, including the *Journal of Pain and Symptom Management*, *AAHPM Bulletin* and *PC-FACS*. To learn more about AAHPM visit [www.aahpm.org](http://www.aahpm.org).

**Click [here](#) for informational flyer. Click [here](#) to register for the Medical Student Forum.**